



1. undistracted freshness

This—the first one of three meditation instructions from four centuries ago—surprises me by how it so righteously instructs a painter, too. Join me for a weekend of painting and contemplation of *undistracted freshness, effortless naturalness, & clarity.*

This will be my last painting workshop in Boulder before I move to southern CO to establish Mountain Water Artists' Retreat. Soon, you can join me there where we can explore further the interface of art and meditation.

For now, let's paint!

SCHEDULE

Saturday & Sunday, October 27th & 28th
9:30a-4:30p

LOCATION

Studio 108, 4949 North Broadway, Boulder CO 80304

TUITION

\$290.

This class is suitable for seasoned painters and daring beginners.

Registration form next page.

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REGISTRATION

Weekend Painting Workshop

Saturday & Sunday, October 27 & 28, 9:30a-4:30p, \$290

Register ONLINE [HERE](#) with Paypal. Use the "BUY NOW" button. Or complete this form and follow the mailing instructions below.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

PHONE _____ AMOUNT ENCLOSED _____

To reserve your space for [1.undistracted freshness](#), please register online or complete this form and send it with a check for \$290 payable to Joan Anderson, 3003 Valmont Rd. #204, Boulder CO 80301. A materials list and directions to STUDIO 108 will be sent via email upon receipt of your registration & class fee. Space is limited to 12 painters.

Let's PAINT!!

Please see my [website](#) for cancellation policy and work/study scholarships.

Happy to have you spread the word to your friends and family!

Thank you!